

Managing current weight: lose, maintain or do neither? (Calculated Variable)*
Kentucky BRFSS 2000

Geographic Groups	Total Respond.#	Trying to lose weight			Maintain weight			Neither		
		N	%	C.I.(95%)	N	%	C.I.(95%)	N	%	C.I.(95%)
TOTAL	6395	2223	35.8	(34.2-37.5)	1619	25.3	(23.8-26.8)	2553	38.9	(37.3-40.6)
ADDs										
Barren River	439	146	30.0	(25.4-35.1)	116	27.7	(23.0-33.0)	177	42.3	(36.7-48.1)
Big Sandy	346	141	39.6	(34.0-45.6)	65	18.4	(14.3-23.4)	140	42.0	(36.1-48.1)
Bluegrass	503	186	36.9	(32.3-41.7)	138	25.8	(21.8-30.2)	179	37.3	(32.6-42.2)
Buffalo Trace	331	95	28.1	(23.0-33.8)	106	32.5	(26.9-38.6)	130	39.5	(33.6-45.7)
Cumberland Valley	400	128	33.5	(28.1-39.3)	86	20.1	(16.1-24.8)	186	46.4	(40.7-52.2)
FIVCO	462	168	38.5	(31.9-45.6)	110	21.5	(17.5-26.2)	184	40.0	(34.2-46.0)
Gateway	449	145	31.9	(27.1-37.1)	109	26.2	(21.3-31.8)	195	41.9	(36.6-47.4)
Green River	379	123	31.2	(26.2-36.6)	106	30.0	(25.0-35.6)	150	38.8	(33.3-44.5)
Kentucky River	428	167	41.4	(35.9-47.0)	93	20.8	(16.8-25.4)	168	37.9	(32.7-43.3)
KIPDA	472	189	40.8	(35.8-46.0)	115	25.6	(21.2-30.5)	168	33.6	(29.0-38.6)
Lake Cumberland	415	127	30.4	(25.2-36.1)	106	22.5	(18.4-27.2)	182	47.1	(41.4-52.9)
Lincoln Trail	435	154	33.8	(29.1-38.8)	113	25.3	(21.0-30.2)	168	40.9	(35.8-46.2)
Northern Kentucky	437	147	33.8	(29.0-38.9)	115	26.8	(22.4-31.7)	175	39.4	(34.4-44.6)
Pennyrile	430	139	32.0	(27.2-37.2)	119	28.3	(23.7-33.4)	172	39.7	(34.6-45.1)
Purchase	469	168	36.2	(31.5-41.2)	122	25.1	(20.8-29.9)	179	38.7	(33.8-43.8)

*Data in this table were derived from two weight control questions regarding losing or maintaing current weight.

#Use caution in interpreting data for total respondents less than 50. N = Cell Size, NH = Non-Hispanic, % = Percentage, C.I.(95%) = Confidence Interval (at 95 percent probability level).

Percentages are weighted to population characteristics.

Unless stated differently above, Missing, 'Don't know', and Refused responses are excluded.